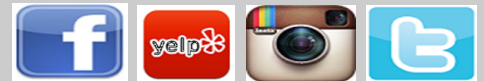


Starport

May 2015
Newsletter

STARPORT
NASA EXCHANGE - JSC
<http://starport.jsc.nasa.gov/>



May is Health and Fitness Month at JSC *May 11-15th*

Take Charge of your health this May during Health and Fitness Week (11-15) at JSC. Brought to you by Starport's wellness team, Health and Fitness week has something for everyone. From physical activity challenge to grocery store tours, we've got your wellness needs covered. Visit <https://starport.jsc.nasa.gov/> for more information on the programs and special events we have planned this year.

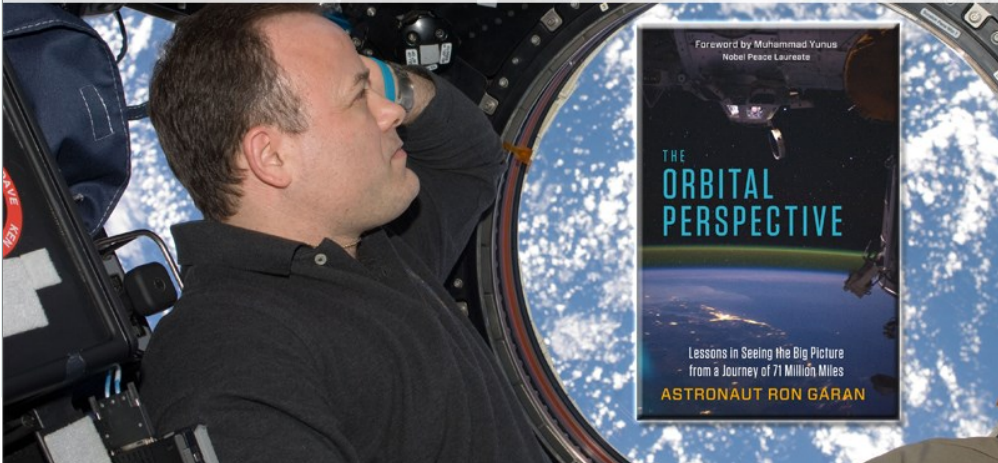
New Merchandise Available !



www.shopNASA.com

Astronaut Ron Garan
BOOK SIGNING

THE ORBITAL PERSPECTIVE
Wednesday, May 6
Bldg. 3 Cafe 11 AM - 1 PM



June 8th **NASA STARPORT** August 21st

SUMMER CAMP
2015

\$140 Per Week

WOMEN'S SELF-DEFENSE WORKSHOP

Registration now open



Join us for Women's Self Defense Workshop. In this event you will learn simple, effective self defense techniques and strategies to combat all aspects of an assault. Royce Gracie Jiu-Jitsu Instructor Jared Whitehead will be leading this workshop. Training will take place in a safe, friendly, cooperative environment. Classes begin (MAY 9TH)



May 15th

Time: 6:00pm-10:00pm

Where: Gilruth Center Gymnasium

Ages 5-12

Cost: \$20/first child

**NASA
STARPORT**
**Youth
Sports
Camps**